

# LAUNDRY SCHEDULE

DAY	CATEGORY	WASH	DRY	FOLD	PUT AWAY
MONDAY		■	■	■	■
TUESDAY		■	■	■	■
WEDNESDAY		■	■	■	■
THURSDAY		■	■	■	■
FRIDAY		■	■	■	■
SATURDAY		■	■	■	■
SUNDAY		■	■	■	■

## CATEGORIES

### CATEGORIES

- TOWELS
- SHEETS
- KIDS CLOTHES
- WHITES
- UNDERWEAR/WORKOUT
- YOUR CLOTHES
- EXTRA

### HOW OFTEN

EVERY TIME YOU WEAR IT:  
socks, underwear, tshirts, workout clothes,  
leggings, tights

EVERY 2 DAYS:  
hand towels, dish towels, pajamas

EVERY 3-4 WEARS:  
jeans, skirts, sweaters, bras, dresses, towels

WEEKLY:  
sheets, pillowcases, bathmats